



DR SHAUN EAST

Orthopaedic Surgeon | Ortopediese Chirurg

MBCbB (UP) MMed orthopaedics (UP)
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Summary

[I qualified as an Orthopaedic Surgeon in 2011 at the University of Pretoria and started with dual practice as a Consultant Surgeon at Kalafong hospital/University of Pretoria and part time Private Practice. I have been practicing at Kloof Mediclinic since 2012 and have developed a special interest in Sports Orthopaedics especially Knee Ligament and Meniscal Injuries, Ankle Injuries, Hip Injuries and Wrist and Hand Pathologies. I also have an interest in Hip and Knee Arthroplasty. I am an avid cyclist having completed numerous Argus, 94.7 races and recently 2 Sani2c events. I am currently preparing for the Joberg2c.

Qualifications

MbCHB	1998
MMed Orthopaedics	2011
Fellow of the Colleges of Surgeons SA (Ortho)	2011

Experience

Mediclinic - Muelmed and Kloof Hospitals Orthopaedic Surgeon	December 2011
Gauteng Health Department Kalafong Hospital Consultant Orthopaedic Surgeon	January 2012
Gauteng Health Department Kalafong Hospital and Pretoria Academic Hospital Registrar Orthopaedic Surgery	1 November 2006
Gauteng Health Department Medical Officer Orthopaedic Surgery Kalafong Hospital	1 July 2004
Gauteng Health Department Medical Officer General Surgery Pretoria Academic Hospital	1 September 2003 - 30 June 2004

United Kingdom

Essex Rivers Health Care Trust Colchester General Hospital MRCS rotation: Accident and Emergency medicine	February 2003- August 2003
Guys and St Thomas Hospital SHO in Orthopaedics (trust doctor)	February 2002 - February 2003
O'Grady Peyton International UK Resident Medical Officer Kings Oak Hospital, Chase Farm Hospital The Derwent Suite, Bournemouth The Oaks, Colchester Woodlands Hospital, Kettering	January 2001 - February 2002

Internship Training/Community Service

INTERNSHIP TRAINING - Chris Hani Baragwanath Hospital Johannesburg		01/01/1999 To 31/12/1999
Houseman in: General surgery Obstetrics and Gynaecology Internal medicine		
COMMUNITY SERVICE - Helen Joseph and Coronation Hospitals Johannesburg		
Coronation Hospital	Helen Joseph Hospital	
Orthopaedic Community Service Medical Officer	Paediatric Medical Officer Pediatrics 6 months Neonatology 6 weeks	

Affiliations

HPCSA REGISTRATION Medical practitioner MP 0498912 Orthopaedic surgeon practice no 0443077	2011
GMC REGISTRATION GMC 466 3636	Full registration from 2000

Further Education /Courses

Primary and Revision Hip Arthroplasty Course, Mahwah, New York	August 2017
Advanced Knee Arthroscopy Course, Munich, Germany	June 2016
AO Advanced Hand Trauma Course, Davos, Switzerland	December 2015
Advanced Limb Reconstruction Course, Verona, Italy	November 2014
Limb Reconstruction, Vienna, Austria	March 2013
Exeter level 2 Hip Arthroplasty Course, Exeter , England	March 2013
Arthrex Knee Arthroscopy Course	Cape Town 2013
Smith and Nephew Arthroscopy Course ,	Durban 2012
AO Advanced Spine Course AO Spinal Course	July 2011 July 2010
Cadaveric Arthroscopy Workshop	2011
Smith Nephew trauma course	2010
Synthese Paediatric Trauma Course	2009, 2010, 2011; 2013
AO Basic Course	February 2005
Basic Surgical Skills	May 2004
ACLS APLS ACLS (updated)	Jan 2001
Medical Ethics Course	July 2001

Publications

Orthopaedic litigation in South Africa: A review of cases against Orthopaedic members of MPS . South African Orthopaedic Journal	2011 Vol 10, No 3
Recurrent Hypoglycaemic Seizures in a HIV positive patient. Motsitsi NS, East SC. East African Orthopaedic Journal	

Congress presentations

TENS nails in the management of radius and ulnar fractures in the paediatric population. An outcomes based study. South African Orthopaedic Congress 2011	February 2011
A review of the management of residual club foot. Orthopaedic registrars congress	
Orthopaedic litigation in South Africa: A review of cases against Orthopaedic members of MPS. South African Orthopaedic congress	2011

Current research

TENS nails in the management of radius and ulna fractures in the paediatric population. An outcomes based study. Prepublished in supplementary JBJS 2011
Hip abductor weakness following antegrade femoral nailing. (awaiting ethical approval)

References

Prof M Ngcelwane Head of Orthopaedic Steve Biko academic Head of South African Orthopaedic Society	012 354 1000 0826524338
Prof TLB le Roux Head of orthopaedic 1 military hospital	0826537295
Prof RP Grabe Orthopaedic surgeon, ex head of department Pretoria Academic Hospital	<i>Tel 0027 12 354 1000</i>
<i>Mr. M Bankes</i> Consultant Orthopaedic Surgeon Guys and St Thomas Hospital Trust	<i>Tel 0207 955 5584</i> <i>Fax 0207 955 2759</i>